

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM Morning	Pickleball 5:00-6:00am Gym	Pickleball 5:00-6:00am Gym	Pickleball 5:00-6:00am Gym	Pickleball 5:00-6:00am Gym	Pickleball 5:00-6:00am Gym	Pickleball 7:00-8:00am Gym
	Fun N' Fit 9:00-9:45am Julie: MP Room		Fun N' Fit 9:00-9:45am Julie: MP Room		Fun N' Fit 9:00-9:45am Julie: MP Room	
	Enhance Your Fitness 9:00-10:00am Evelyn: Gym		Enhance Your Fitness 9:00-10:00am Evelyn: Gym		Enhance Your Fitness 9:00-10:00am Evelyn: Gym	
NOON		Mexican Train Dominoes 12:00-2:00pm				
		Rock Steady Boxing 1:30-2:30pm MP Rm \$25/6 week session		Rock Steady Boxing 1:30-2:30pm MP Rm \$25/ 6 week session		
PM Evening	Mexican Train Dominoes 4:00 pm Lobby			Pickleball 7:00-8:45 pm Gym		



Active Older Adults
Southwest
Updated 6/2021