



## **INTRODUCTION TO PICKLEBALL CLINICS**

**FOUR FRIDAYS ON OCTOBER 8<sup>TH</sup>, 15<sup>TH</sup>, 22<sup>ND</sup> AND 29<sup>TH</sup>**

**6:30 pm TOPEKA YMCA**

3635 SW Chelsea Drive

785-271-7979

### **BEGINNER AND NOVICE PLAYERS WELCOME (15 YEARS OLD AND UP)**

Instruction will be provided by Advanced Pickleball Players and will cover:

- OVERVIEW OF RULES and EQUIPMENT
- SCORING
- SERVING AND RETURNING SERVES
- BASIC FOOTWORK
- DINKING AND VOLLEYS
- DOUBLES PLAY STRATEGIES

LEARN TO PLAY PICKLEBALL AND IMPROVE NOVICE SKILLS WHILE MEETING OTHER PLAYERS AT A SIMILAR SKILL LEVEL IN A FRIENDLY ATMOSPHERE

ALL EQUIPMENT NEEDED WILL BE PROVIDED

Participants must wear appropriate gym attire and indoor court sneakers

**\$5.00 Registration Fee per session (non-members) Free to Y Members**

Reservations Requested in advance