



New Fall Classes at the Southwest YMCA!

Monday: 10:15 am – Zumba w- Ziming L.- Begins Nov 5th

Tuesday: 10:00 am – Zumba w – Ziming L. – Begins Nov. 6th

**Thursday: 5:30 pm – Drumming Fitness w – Melissa –
Begins Nov 1st**

Thursday: 6:30 pm – Zumba w – Melissa H. – Begins Nov. 29th

Sunday: 2:30 pm – Zumba w – Melissa H. – Begins Dec. 2nd.